CLIENT REGISTRATION FORM

LEGAL NAME (First/Last):			
NICKNAME:	GENDER: MALE FEMALE		
DATE OF BIRTH:	PHONE NUMBER: ()		
ADDRESS: Stree MAILING ADDRESS (If Different):	t (City, State, Zip Code)		
Stree No Current Address/Residence	t (City, State, Zip Code)		
EMERGENCY	CONTACT INFORMATION		
NAME:	RELATIONSHIP:		
HOME PHONE: ()	WORK/CELL PHONE: ()		
ETHNICITY HISPANIC OR LATINO NON-HISPANIC OR LATINO RACE WHITE/CAUCASIAN ASIAN BLACK/AFRICAN AMERICAN AMERICAN INDIAN/ALASKA NATIVE NATIVE HAWAIIAN/PACIFIC ISLANDER OTHER:	DO YOU? LIVE ALONE? YES NO ARE YOU? A VETERAN/SERVED IN ARMED FORCES? YES NO		
LANGUAGE ENGLISH SPANISH OTHER: YOUR INCOME IS*: BELOW POVERTY OR ABOVE POVER (select one) *See back of form for income guidelines	SITE COLD SPRINGS CONTINUUM DAYBREAK GERLACH LAZY 5 METRO GARDENS MORE TO LIFE NEIL RD RAINBOW BEND RENO SPARKS SUN VALLEY		
	☐ I was provided the "Notice of Privacy Practices"		
Client Signature:	Date:		

Date: _____

CLIENT REGISTRATION FORM

Determine Your Nutritional Health

Circle each that applies to your nutritional habits		
I have an illness or condition that made me change the kind and/or amount of food I eat.	2 points	
2. I eat fewer than 2 meals per day.	3 points	
3. I eat few fruits or vegetables, or milk products.	2 points	
4. I have 3 or more drinks of beer, liquor, or wine almost every day.	2 points	
5. I have tooth or mouth problems that make it hard for me to eat.	2 points	
6. I don't always have enough money to buy the food I need.	4 points	
7. I eat alone most of the time.	1 point	
8. I take 3 or more different prescribed or over-the-counter drugs a day.	1 point	
9. Without wanting to, I have lost or gained 10 pounds in the last 6 months.	2 points	
10. I am not always physically able to shop, cook and/or feed myself.	2 points	
Please Total Your Nutritional Score		

If your score is

- 0-2 Good! Recheck your nutritional score in 6 months.
- 3-5 You are at moderate nutritional risk.

See what can be done to improve your eating habits and lifestyle. Refer to the attached handout for helpful tips. Recheck your nutritional score in 3 months.

6+ You are at high nutritional risk.

Bring this checklist the next time you see your doctor, dietitian or other qualified health or social service professional. Talk with them about any problems you may have. Ask for help to improve your nutritional health.

U.S. DEPARTMENT OF HEALTH & HUMAN SERVICES 2022 FEDERAL POVERTY GUIDELINES

Size of Family Unit	Federal Pover	rty Guidelines
	48 Contiguous States and D.C.	
	Annual Income	Monthly Income
1	\$13,590	\$1,135.50
2	\$18,310	\$1,525.83
3	\$23,030	\$1,919.16
4	\$27,750	\$2,312.50

Print Name:	Date:
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